



The Intensive Residential Treatment (IRT) Program

The Crossroads' Turning Points, Inc. mission is to treat individuals suffering from addictive behaviors and mental health needs. The IRT women's program is generally a 30-day residential treatment program that provides treatment for adult women ages 18 years and older with substance use and co-occurring disorders. The Special Connections program is a specialized program within the IRT program that pays for inpatient treatment (Medicaid) for pregnant women. If they are enrolled during their pregnancy, residential treatment can be extended up to 90 days.

Program Description: While the women are in the program they focus on improving multiple areas to include: developing coping skills for daily life, rebuilding relationships and healthy living. Our priority populations include: pregnant women, women with dependent children and IV drug users. The program is a family center environment which means the clients can receive visits on the weekends and, if needed, the mother can bring their child (up to 5 years old) to the unit with them while they complete their treatment. The IRT program at the women's center provides:

Gender specific and evidenced base treatment which includes:

- Cognitive Behavioral Therapy groups
- Individual Counseling
- Life skills groups
- Parenting and nutrition education groups
- Relapse Prevention skills
- Psychiatric Evaluation and medication monitoring
- Co-Occurring groups to include: DBT, EMDR, and Acudetox
- Off campus 12-Step and A2A meetings in the community
- Case Management needs
- Transportation to local community partners for prenatal and postnatal services

Referral Process

- Complete IRT/TRT Referral Form (downloaded from at www.crossroadstp.org under the services tab, treatment box) and email: women-res@crossroadstp.org or fax to: 719-545-1191.
- Client must have proof of pregnancy and medical clearance
- Typically, the acceptance process can take up to 72 hours to get them into the program.

For intake information for the IRT/Special Connections program you can call:

719-545-1181 ext. 180 Robyn Rheuff, Case Manager

719-545-1181 ext. 153 Jessica Alfaro, Clinical Supervisor